

# Macrophages and Antioxidant Status in the NOD Mouse Pancreas

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**Abstract** This study showed that citiolone (CIT), a free radical scavenger, significantly increased superoxide dismutase ( $P < 0.001$  vs. untreated NOD, NMMA-treated, and silica-treated animals), catalase ( $P < 0.01$  vs. untreated NOD), and glutathione peroxidase ( $P < 0.001$  vs. untreated NOD and C57BL6/J) values. Silica treatment was capable of counteracting the plasma antioxidant capacity (TRAP) decrease observed in untreated NOD mice, although it did not block the blood glucose rise and insulinitis progression in type 1 diabetes significantly. Conversely, early silica administration was able to deplete macrophages (as demonstrated by immunocytochemistry) and to block the rise in blood glucose levels and insulinitis progression significantly. Silica-treated animals in this study showed the highest TRAP levels, demonstrating that depletion of macrophages also was able to improve the antioxidant status. This study suggested that macrophages are essential for type 1 diabetes development and showed that they also are involved when the antioxidant status is affected. The reported findings are significant in view of previous studies indicating that oxygen and/or nitrogen free radicals contribute to the islet  $\beta$ -cell destruction in type 1 diabetes animal models. *J. Cell. Biochem.* 71:479–490, 1998. © 1998 Wiley-Liss, Inc.

**Key words:** macrophages; antioxidant status; NOD mice; immunocytochemistry; type 1 diabetes

The onset of type 1 diabetes is preceded by a long, clinically silent period, which is characterized by mononuclear infiltration of pancreatic islets of Langerhans. In many animal models of this disease (including the nonobese diabetic (NOD) mouse), a widely distributed infiltration involving pancreatic ducts [Papaccio et al., 1993, 1995a], pancreatic exocrine parenchyma and vessels [Linn et al., 1994], and several other organs such as thyroid [Asamoto et al., 1984], adrenals [Asamoto et al., 1984], submandibular [Miyagawa et al., 1986], lachrymal [Asamoto et al., 1984], and Harderian [Papaccio et al., 1996] glands also are found. These changes, which result in a polyendocrinopathy, actually lead to a selective destruction of the islet  $\beta$  cells (with the exception of the Harderian glands in NOD mice). The majority of mononuclear cells in the

pancreas of these animals are CD8<sup>+</sup> (cytotoxic/suppressor) T lymphocytes [Signore et al., 1989; Hayakawa et al., 1991] and to a lesser extent CD4<sup>+</sup> lymphocytes and natural killer cells [Anderson et al., 1993]. Islet  $\beta$  cells with major histocompatibility complex (MHC) class II and intercellular adhesion molecule-1 (ICAM-1) expression have been found, which lends support to the hypothesis that islet  $\beta$  cells could present surface antigens to the immune system [Papaccio et al., 1991a; Yagi et al., 1995]. In addition, epithelial cells of pancreatic ducts [Papaccio et al., 1995a] and endothelia [Linn et al., 1994; Hänninen et al., 1993] also express those antigens. The latter also have been found to be “hypertrophic” [Papaccio et al., 1998] and to lyse syngeneic islet cells like cytotoxic effector cells in culture [Steiner et al., 1997].

Ordinarily it is the macrophage which strongly expresses MHC class II molecules and which is active in antigen presentation. The occurrence of macrophages, together with CD8<sup>+</sup> elements, has been confirmed in human IDDM [Hänninen et al., 1992]. In addition, it has been

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reported that macrophages are the first immune system cells to be activated in low-dose streptozocin-induced (LDS) diabetes [Kolb-Bachofen et al., 1988]. An involvement of these cells also has been described in the development of insulinitis in the NOD mouse [Lee et al., 1988], but their role is limited to antigen-presenting cells rather than their being major effector cells [Ihm and Yoon, 1990]. Interest in macrophages derives from the fact that they can liberate cytokines, and they can participate actively in the mechanisms involved in generating other toxic radicals such as nitric oxide (NO), whose role in type 1 diabetes is still under debate [Welsh et al., 1994]. Macrophages (and lymphocytes) also seem to possess impaired antioxidant abilities [Pereira et al., 1994], and the levels of superoxide dismutase, the first cellular defense against toxic free radicals, are very low in the NOD mouse pancreas [Papaccio et al., 1995b]. Glutathione peroxidase (GPX), catalase (CAT) activities, and total tissue lipid peroxide content also have been found altered in experimental diabetes [Werms and Lucchesi, 1990].

It has been found recently that both oxygen and nitrogen free radicals contribute to islet  $\beta$ -cell destruction via peroxynitrite formation in NOD mice. A marked nitrotyrosine increase in islet cells from diabetic NOD mice has been found [Suarez-Pinzon et al., 1997]. It also has been found that nitrotyrosine, a marker of peroxynitrite, is highly expressed by monocyte/macrophages infiltrating the islets.

The aims of the present study are to investigate the role of macrophages in the infiltrating process in relationship with antioxidant enzyme activities and to compare diabetes development after macrophage depletion with silica particles and after treatment with free radical scavenger drugs in the NOD mouse.

## MATERIALS AND METHODS

### Animals

Female diabetes-prone NOD mice purchased from Bom mice (Bomholtgarten, Denmark) were used. They were bred in our laboratory, were fed ad libitum, were free from viral infections, and weighed 18–30 g. Approximately 90% of females in this colony become diabetic. They showed a perivascularitis at 5 weeks of age and a periinsulinitis with an intraislet infiltration around 10 weeks of age. Clinical signs of diabetes were detectable about 12–15 weeks later.

Only a small fraction (10–15%) of male NOD mice become diabetic.

### Experimental Procedure

Five-week-old female NOD mice ( $n = 16$ , group 1, silica-treated) were treated intraperitoneally (i.p.) with silica (200 mg/Kg body weight) every fifth day (Sigma, St. Louis, MO) for 30 days and were sacrificed in either week 10 ( $n = 8$ ) or week 25 ( $n = 8$ ). Silica treatment clears all phagocytes, including macrophages [Oschilewski et al., 1985; Charlton et al., 1988; Papaccio et al., 1991b]. Thirty-two 5-week-old NOD mice (groups 2 and 3,  $n = 16$  each) were treated, respectively, with a free radical scavenger, namely citiolone (acetyl-homocysteine-thiolactone; Sigma, Milan, Italy) (group 2, CIT-treated group) at a daily i.p. dose of 50 mg/Kg body weight for 30 days and with an L-arginine analogue (group 3, NMMA-treated group), which inhibits NO-synthase, namely the N<sup>G</sup>-monomethyl-L-arginine (acetate salt) (Sigma, Milan, Italy), given subcutaneously [Wu, 1995] at 15 mg/Kg body weight in sterile phosphate-buffered saline (pH 7.4) in daily doses from week 5 to week 10 ( $n = 8$ ) or 25 ( $n = 8$ ). Group 2 was sacrificed on week 10, and group 3 on week 25.

Sixteen vehicle-only treated 5-week-old NOD mice (control NOD group) and 16 C57Bl6/J (eight males and eight females) mice of the same age were used as controls. Animals were sacrificed by decapitation after ether anesthesia. Whole pancreatic glands were excised and processed for biochemical and morphological examinations.

### Glycemia

Blood glucose levels were tested weekly using the hexokinase method (Boehringer, Mannheim, Germany). Animals were considered hyperglycemic when their nonfasting blood glucose levels were higher than 8 mMol/L but lower than 12 mMol/L in two successive determinations. Mice were considered to be diabetic when their blood glucose levels exceeded 12 mMol/L.

### Enzyme Assays

The extraction medium for the measurements of superoxide dismutase (SOD), CAT, and GPX activities was 0.1 M sodium-phosphate buffer at pH 7.0. For the SOD assay, we used the method previously described by us

[Papaccio et al., 1986 1995b]. Briefly, tissue samples were removed and suspended in buffered Hank's solution at 4°C, dissected free from extraneous fat, and minced with scissors. The tissue was incubated in 5 ml of Hank's solution containing 1 mg/ml of type V collagenase at 37°C with vigorous shaking for 15–20 min. After centrifugation (500*g*, 15 min.), the pellet was washed twice with Hank's solution and was resuspended in 0.5 ml Hank's solution in a Petri dish. Pancreatic islets were transferred with a Pasteur pipette with the aid of a stereomicroscope. Isolated islets were prepared according to Grankvist et al. [1981]. When insulinitis occurs, the infiltrating mononuclear cells form a translucent capsule around the islet which can easily be distinguished and microdissected away. Isolated islets, spleen, or lymph nodes were homogenized (Ultra Turrax mechanical blender, Milan, Italy) in 100 vol of 10 mM potassium phosphate buffer (pH 7.4) supplemented with 30 mM KCl. The homogenates then were sonicated (Sonifier Branson B12, 1 min at 4°C) and left for 30 min at 4°C to dissolve both CuZn-SOD and Mn-SOD from the tissue. After centrifugation at 20,000*g* for 30 min at 4°C, the supernatant was removed and stored at -70°C. The Harboe [1979] method for determining the hemoglobin content of tissue homogenates was used. Because of the absence of hemoglobin, there was no need to correct for the enzyme's activity. The concentration of proteins was determined by Lowry's method [Lowry et al., 1951]. The measurement of SOD activity (made in triplicate with an intravariation coefficient of 2.7%) used in this study was based on the ability of the enzyme to inhibit the autooxidation of pyrogallol, as described by Marklund and Marklund [1974]. Results are given as units per milligram of protein. The detection limit was found to be 2 U/ml [Oellerich et al., 1980].

For catalase and GPX assays, the procedures were those described by Cornelius et al. [1993]. Spectrophotometric measurements were carried out at 25°C. CAT and GPX activities are expressed as units per milligram of protein [Cornelius et al., 1993].

#### Measurement of Plasma Antioxidant Capacity (TRAP)

The assay is based on the quenching of the 2,2'-azinobis-(3-ethylbenzothiazoline-6-sulphonic acid) (ABTS) radical cation (ABTS<sup>•+</sup>) by antioxidants. In the method, originally de-

scribed by Rice-Evans and Miller [1994], ABTS<sup>•+</sup> is produced by the interaction of ABTS with a ferrylmyoglobin radical species, generated by activating metmyoglobin with H<sub>2</sub>O<sub>2</sub>. ABTS (150 μmol/l), metmyoglobin (2.5 μmol/l), and plasma (25 μl) were mixed, and the reaction was started by adding H<sub>2</sub>O<sub>2</sub> (75 μmol/l). ABTS<sup>•+</sup> formation was monitored continuously by absorbance increase at 734 nm at 20°C. The delay or inhibition-time between the addition of H<sub>2</sub>O<sub>2</sub> (time zero) and the onset of absorbance increase (ABTS<sup>•+</sup> formation) was measured. All reagents were dissolved in phosphate buffer treated with Chelex-100 which contained DTPA 0.1 mmol/l to prevent any metal-catalyzed oxidation. The assay was standardized using Trolox, a water-soluble vitamin E analog. Intra- and interassay coefficients of variation were 7.5% and 9.1%, respectively.

#### Islet Culture and Nitrite Assay

Animals aged 10 or 25 weeks were used for isolation of pancreatic islets and islet culture. Pancreatic islets were isolated using a collagenase digestion method [Sandler et al., 1987]. Groups of 50–100 islets were cultured for 6 days while free-floating in RPMI-1640 containing 11.1 mM glucose and supplemented with 5% (vol/vol) carbon dioxide at 37°C. The medium was changed on days 2 and 4. Islets were cultured with or without 1 mmol/L NMMA, which is able to inhibit NO production. Following incubation, media were collected for assay of nitrite levels and islets collected for immunohistochemistry. Media samples (80 μl) were deproteinized by adding 20 μl 35% sulphosalicylic acid (Sigma, Milan, Italy). Samples were incubated for 30 min at 0°C and subsequently centrifuged for 20 min at 12,000*g*. Ten microliters of 0.5% naphthylethylenediamine dihydrochloride (Sigma, Milan, Italy), 5% sulphanylamide (Sigma, Milan, Italy), and 25% concentrated H<sub>3</sub>PO<sub>4</sub> were added to the supernatant [Green et al., 1982; Sternesjö et al., 1995]. The reaction was carried out at 60°C for 15 min, and the absorbance at 546 nm was measured in a spectrophotometer against a standard curve.

#### General Morphology

At sacrifice, animals were anaesthetized with ether and the pancreas removed and processed. Samples were fixed in Bouin's solution and embedded in paraffin for light microscopy. Serial sections (5 μm thick) were stained with

haematoxylin-eosin for general morphology, and a semiquantitative evaluation of infiltration was performed. Only sections containing six or more islets were selected, and at least 50 islets per pancreas were evaluated. The degree of inflammatory infiltration was scored from 0–5, as shown in Table 1. The evaluation was carried out by two different investigators. A third investigator scored the slides without knowing to which group the slides belonged.

#### Immunocytochemistry

Tissue from the tail of the pancreas from each animal was frozen and cryosectioned. Sections were stained by the avidin-biotin peroxidase indirect staining method. The monoclonal antibodies used were antimacrophage clone EBM11 (Dakopatts, Milan, Italy) for activated macrophages, clone BM8, which detects murine pan macrophages, and CD11b (clone 5C6), which is useful for myeloid cell–endothelial cell interaction studies because it detects the integrin C3bi (CD11b) molecule and is useful for studying type 1 diabetes (BMA Biomedicals AG, Augst, Switzerland). The secondary antibody was biotinylated goat antirat antibody. The primary Ab was substituted with rat nonimmune serum for the negative control.

The number of immunostained cells was quantified. At least ten ducts per pancreas were viewed. Sections of 5  $\mu\text{m}$  thickness were observed, and the immunoreactive elements on alternate sections were determined at a magnification of  $\times 400$  using an eyepiece with a square-ruled grid with a total area of 0.062  $\text{mm}^2$  and counted with an M4 image analysis system (Imaging-Brock University, St. Catherine, On-

tario, Canada) in 60 different areas. This allowed the number calculation of immunoreactive cells per square millimeter  $\pm$  SEM to be calculated.

#### Ultrastructure

Small cubes of tissue taken from the tail of the pancreases were fixed in 2.5% glutaraldehyde in a 0.1 M phosphate buffer, postfixed in 0.1%  $\text{OsO}_4$  in the same buffered solution for 1 h, and then dehydrated and embedded in epoxy resins. Counterstained (uranyl acetate and lead citrate) ultrathin sections were observed under an electron microscope (EM 109; Zeiss, Oberkochen, Germany).

#### Statistical Analysis

Results are presented as means  $\pm$  SD. A Student's *t*-test (level of significance set at  $P < 0.05$ ) or analysis of variance (ANOVA-2) was used.

## RESULTS

### Glycemia

Results are shown in Figure 1. Untreated control NOD mice showed an increase in glyce- mic levels. The highest values in this group were reached at week 25 (at sacrifice), when blood glucose levels considerably exceeded 12  $\text{mmol/l}$  in all mice ( $P < 0.001$  vs. C57BL6/J controls and vs. silica-treated animals).

Silica-treated animals did not show an increase in glyce- mic levels throughout the experi- ment; the values in this group were similar to the values in control C57BL6/J animals.

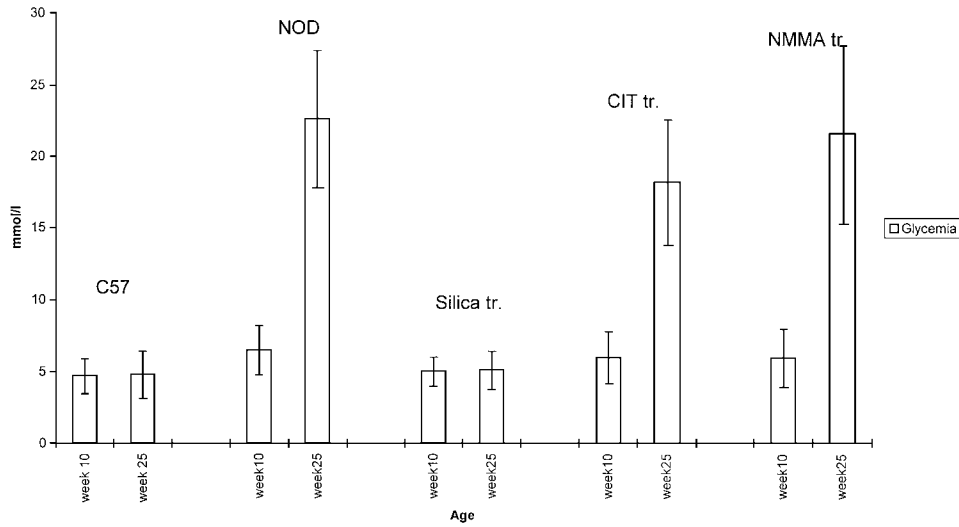
CIT-treated NOD animals showed increased levels of glycemia, with values exceeding 12  $\text{mmol/L}$ , but these values were slightly lower than the values found in untreated NOD controls. NMMA-treated animals showed values comparable with those found in diabetic NOD controls ( $P < 0.001$  vs. C57BL6/J and silica-treated NOD animals). C57BL6/J control animals were normoglycemic throughout the experi- ment.

### Enzymes

**SOD.** Results are shown in Figure 2. Total superoxide dismutase levels in control un- treated C57BL6/J animals were considerably higher when compared with those found in all NOD groups ( $P < 0.0001$ ). In particular, the lowest levels of this enzyme were found in 25- week-old untreated diabetic controls. NMMA

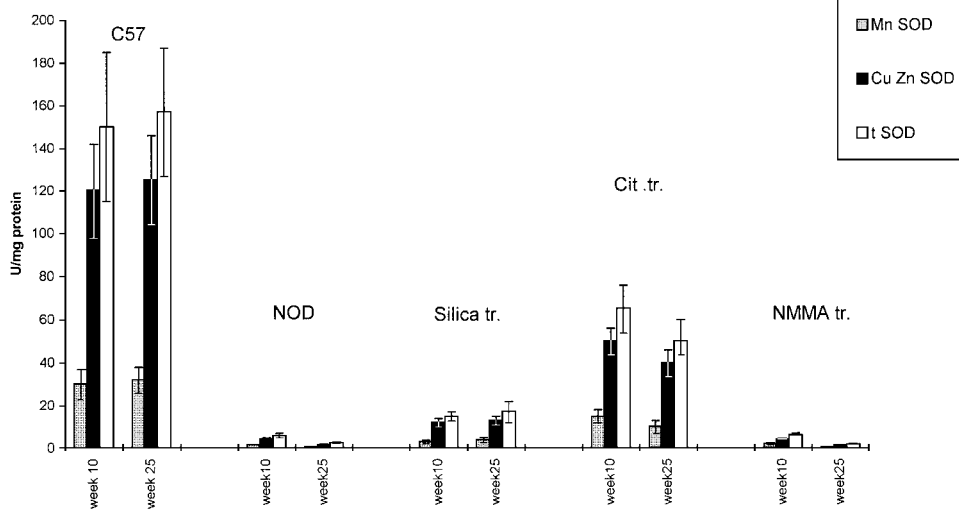
**TABLE I. Grading Scores for Pancreatic Islet Infiltration**

Grading score	Morphological appearance
0	Normal islets without infiltration
1	Infiltrates in small foci at the islet periphery
2	Infiltrates surrounding the islets
3	Inflammatory cells infiltrating <50% of the islet, without cell parenchymal derangement
4	Extended infiltration invading the islets with diffuse cell destruction and prominent cytoarchitectural derange- ment
5	Islet atrophy because of $\beta$ cell loss



**Fig. 1.** Figure showing glycemic levels. Values are expressed as millimole/liter and are means  $\pm$  SD. CIT tr., citiolone-treated animals; C57, C56BL6/J; NMMA tr., NMMA-treated animals; NOD, untreated NOD controls; Silica-tr., silica-treated animals.

**SOD levels**

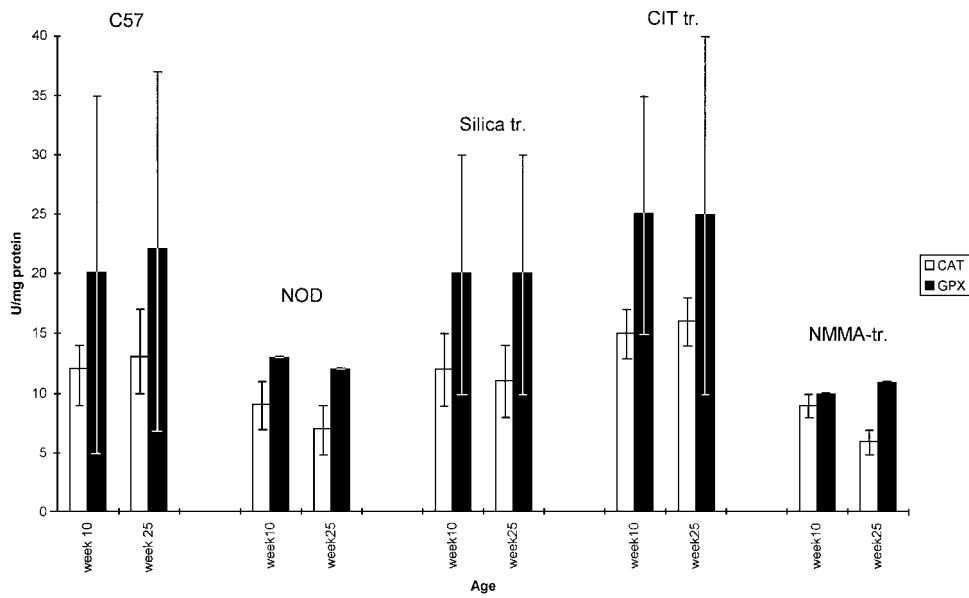


**Fig. 2.** Figure showing SOD levels. Values are expressed as units per milligram of protein and are means  $\pm$  SD. CIT tr., citiolone-treated animals; C57, C56BL6/J; NOD, untreated NOD controls; NMMA tr., NMMA-treated animals; Silica-tr., silica-treated animals; t SOD, total SOD.

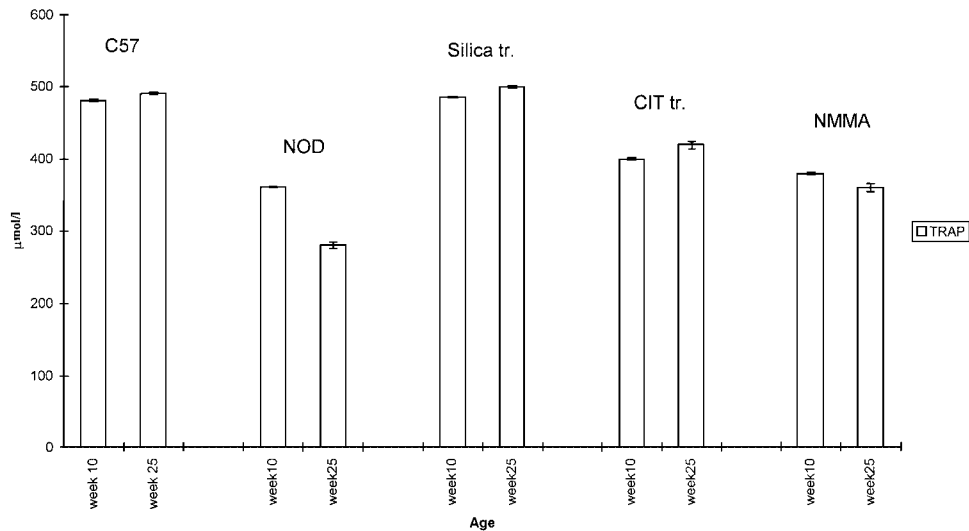
administration to NOD animals did not alter SOD levels, which remained at extremely low levels, comparable with the levels found in untreated NOD controls. Silica pretreatment slightly enhanced SOD values ( $P < 0.01$  vs. untreated NOD controls) and in particular was able to increase CuZn-SOD values. CIT treatment increased SOD values significantly ( $P < 0.0001$  vs. untreated NOD and NMMA-treated;  $P < 0.001$  vs. silica-treated animals). CuZn-SOD levels, in this experiment, were affected

more than Mn-SOD values by type 1 diabetes progression ( $P < 0.001$ ).

**CAT.** Results are shown in Figure 3. Catalase values were decreased by type 1 diabetes progression in untreated NOD animals and were increased by CIT treatment up to values higher than the values found in C57BL6/J animals ( $P < 0.01$  vs. untreated NOD). Silica-treated animals had normal CAT levels. NMMA treatment was not able to counteract the decrease of CAT levels in these animals.



**Fig. 3.** Figure showing catalase (CAT) and glutathione peroxidase (GPX) levels. Values are expressed as units per milligram of protein and are means  $\pm$  SD. CIT tr., citilone-treated animals; C57, C56BL6/J; NMMA tr., NMMA-treated animals; NOD, untreated NOD controls; Silica-tr., silica-treated animals.



**Fig. 4.** Figure showing plasma antioxidant capacity levels (TRAP). Values are expressed as micromoles per liter and are means  $\pm$  SD. CIT tr., citilone-treated animals; C57, C56BL6/J; NMMA tr., NMMA-treated animals; NOD, untreated NOD controls; Silica-tr., silica-treated animals.

#### **GPX.** Results are shown in Figure 3.

Glutathione peroxidase values in NOD animals were found to be lower than those of C57BL6/J mice ( $P < 0.001$ ). Treatment with CIT or silica restored these values to normal (i.e., to levels found in C57BL6/J animals), but NMMA treatment did not counteract the decrease observed in GPX levels with diabetes progression ( $P < 0.001$  vs. C57BL6/J).

#### **TRAP.** Results are shown in Figure 4.

Plasma antioxidant capacity levels were decreased significantly in untreated NOD animals compared with C57BL6/J controls ( $P < 0.001$ ). Silica, CIT, and NMMA treatments counteracted the decrease observed in untreated NOD animals significantly. In particular, CIT ( $P < 0.01$  vs. untreated NOD) and silica treatment ( $P < 0.001$  vs. untreated NOD) were the

**TABLE II. Nitrite Accumulation in Culture Medium (Without or Plus NMMA 1 mmol/L) of Islets Originating From Untreated NOD Mice<sup>a</sup>**

	A (week 10)	B (week 25)	<i>t</i> -test
Without NMMA			
C Females	25.4 ± 4.2	44.8 ± 9.2	B vs. A <i>P</i> < 0.001 C vs. E <i>P</i> < 0.0001
D Males	16.8 ± 4.6	34.2 ± 6.0	B vs. A <i>P</i> < 0.001 D vs. F <i>P</i> < 0.0001
Plus NMMA			
E Females	6.5 ± 2.0	10.5 ± 3.0	B vs. A <i>P</i> < 0.01
F Males	4.6 ± 1.4	9.6 ± 2.0	B vs. A <i>P</i> < 0.01

<sup>a</sup>Values, given as picomoles/islet × 6 days, are mean ± SD. Groups of 50–100 islets were cultured and used for the assay.

**TABLE III. Mean of Insulinitis Grading Scores**

	Week 10	Week 25
C57BL6/J	0	0
NOD untreated	2.8	4.5
NOD silica-treated	1.0	1.2
NOD citiolone-treated	2.5	3.8
NOD NMMA-treated	2.6	4.5

most effective ways to restore the TRAP decrease. In fact, values of silica-treated animals were comparable with those found in control C57BL6/J.

#### Nitrite Accumulation

Results are shown in Table 2. Nitrite levels in culture media were increased in islets of control NOD mice and were decreased significantly in islets from NOD animals cultured with NMMA (*P* < 0.0001 vs. all groups).

#### Standard Light Microscopy

Ten-week-old untreated NOD animals (controls) showed varying intensity of periislet and periductal infiltration. Pancreatic vessels were filled with mononuclear elements, mainly clustered around ducts. The majority of the islets showed a periislet infiltration and, in a small number of animals, an intraislet infiltration also. In several animals, accumulation of infiltrating cells was evident also within the exocrine parenchyma. The degree of infiltration is shown in Table 3.

Silica-treated NOD animals showed only small foci of infiltration at the islet periphery. CIT-treated animals showed an islet and duct infiltration, although less intense when compared with untreated control NOD animals (*P* < 0.01).

NMMA-treated mice showed the same degree of infiltration as was seen in NOD untreated controls of the same age (Table 3).

Control C57BL6J animals showed no signs of infiltration.

Twenty-five-week-old NOD control animals showed infiltrating elements in or around the islets of Langerhans as well as around ducts only rarely. Actually, the endocrine parenchyma of these animals was of a small dimension because of loss of the islet β cells (with the exception of silica-treated animals). NMMA-treated animals showed the same degree of infiltration, and CIT-treated animals showed a slightly lower grading score (Table 3). Silica-treated animals also showed very weak infiltration at week 25. Islets from 25-week-old control C57BL6J animals were of normal dimensions and showed no signs of infiltration.

#### Immunocytochemistry

Semiquantitative evaluations are shown in Table 4.

Ten-week-old NOD control animals and NMMA-treated NOD animals showed periislet and ductal cell immunoreactivity for all anti-macrophage antibodies used in this experiment. Other than BM8 (pan macrophages), EBM11 (activated macrophages) (Fig. 5) and CD11b-immunoreactive structures (Fig. 6) also were observed. The latter in particular were detected also on endothelia.

CIT-treated animals showed a similar pattern in that all antibodies were observed but in lesser intensity.

Silica-treated animals showed no immunoreactivity for monocyte/macrophages either at 10 or 25 weeks, indicating that silica treatment was able to deplete phagocytic cells.

**TABLE IV. Semiquantitative Evaluations of Immunoreactive Elements<sup>a</sup>**

Antibody	Strain	Week 10	Week 25
BM8	NODc	7.5 ± 1.0 <sup>*,***</sup>	0.5 ± 0.1
	C57BL6/J	0.2 ± 0.1	0.2 ± 0.1
	NOD-silica	0.1 ± 0.1	0.1 ± 0.1
	NOD-CIT	6.0 ± 0.5 <sup>*</sup>	1.8 ± 0.2
	NOD-NMMA	7.2 ± 0.5 <sup>*,***</sup>	0.2 ± 0.2
EBM-11	NOD	5.5 ± 0.2 <sup>*</sup>	0.6 ± 0.1
	C57BL6/J	0.2 ± 0.1	0.2 ± 0.1
	NOD-silica	0.1 ± 0.1	0.1 ± 0.1
	NOD-CIT	4.2 ± 0.2 <sup>*</sup>	1.5 ± 0.1
	NOD-NMMA	4.4 ± 0.5 <sup>*</sup>	0.2 ± 0.1
CD11b	NOD	4.5 ± 0.2 <sup>**</sup>	1.0 ± 0.1
	C57BL6/J	0.2 ± 0.1	0.2 ± 0.1
	NOD-silica	0.1 ± 0.1	0.1 ± 0.1
	NOD-CIT	4.4 ± 0.6 <sup>**</sup>	1.5 ± 0.5
	NOD-NMMA	3.6 ± 0.5 <sup>**</sup>	0.2 ± 0.1

<sup>a</sup>Data are given as immunoreactive cells/square millimeter ± SEM. NODc, NOD untreated controls; NOD-CIT, NOD treated with citiolone; NOD-NMMA, NOD treated with NMMA (an NO inhibitor); NOD-silica, NOD treated with silica particles.

<sup>\*</sup>Student's *t*-test, *P* < 0.001 vs. week 25.

<sup>\*\*</sup>Student's *t*-test, *P* < 0.01 vs. week 25.

<sup>\*\*\*</sup>Student's *t*-test, *P* < 0.01 vs. EBM11 and CD11b, week 10.

At week 25, control untreated NOD animals and NMMA-treated animals both showed no immunoreactivity. Only CIT-treated animals showed a weak immunoreactivity for BM8 and CD11b antibodies.

#### Transmission Electron Microscopy

Silica-treated animals showed no signs of infiltration. At the ultrastructural level, no macrophages were seen on TEM. Islets, ducts, and exocrine pancreas were completely devoid of infiltration, and the ultrastructure of islet cells was normal.

Citolone-treated and NMMA-treated animals showed in particular both an islet and duct infiltration as well as islet β cell sufferance or loss at this level. The level of infiltration and destruction of islet β cells in NMMA-treated animals was similar to that observed in the pancreas of untreated NOD animals of the same age. Of particular interest was the finding of numerous trapped and marginating infiltrating elements in islet capillaries and of hypertrophic endothelia (Fig. 7).

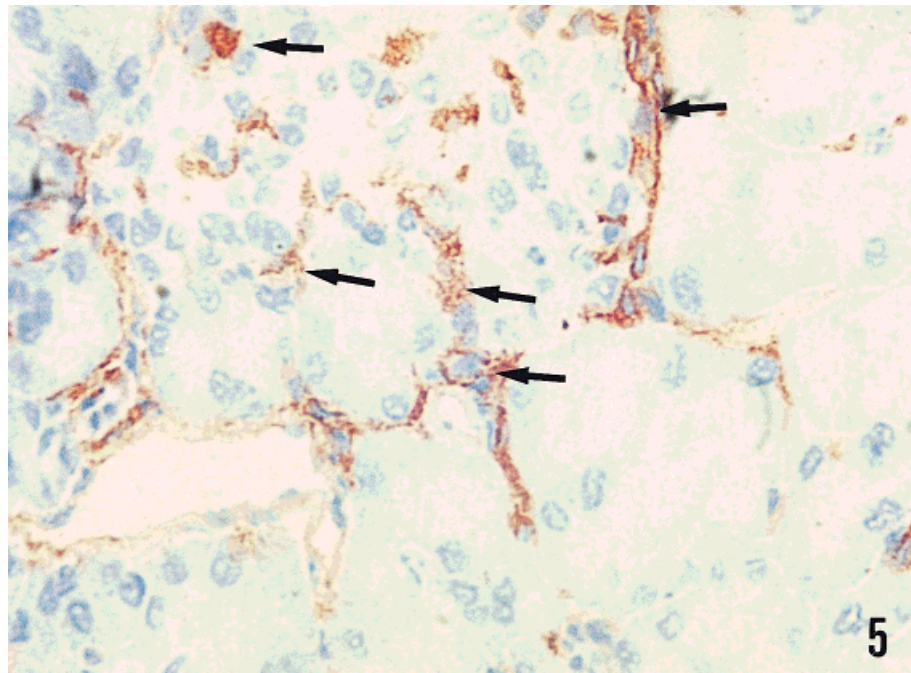
In 25-week-old NOD control animals, islets were completely devoid of infiltrating elements

and insulin-containing β cells. The same pattern was noted in NMMA-treated animals. CIT-treated animals showed a less severe destruction in some islets and the presence of infiltrating elements, including monocyte/macrophages (Fig. 8) and lymphocytes. Silica-treated animals showed a normal islet cytoarchitecture, the presence of insulin-containing β cells, and some periislet lymphocytes. Monocyte/macrophages were not encountered.

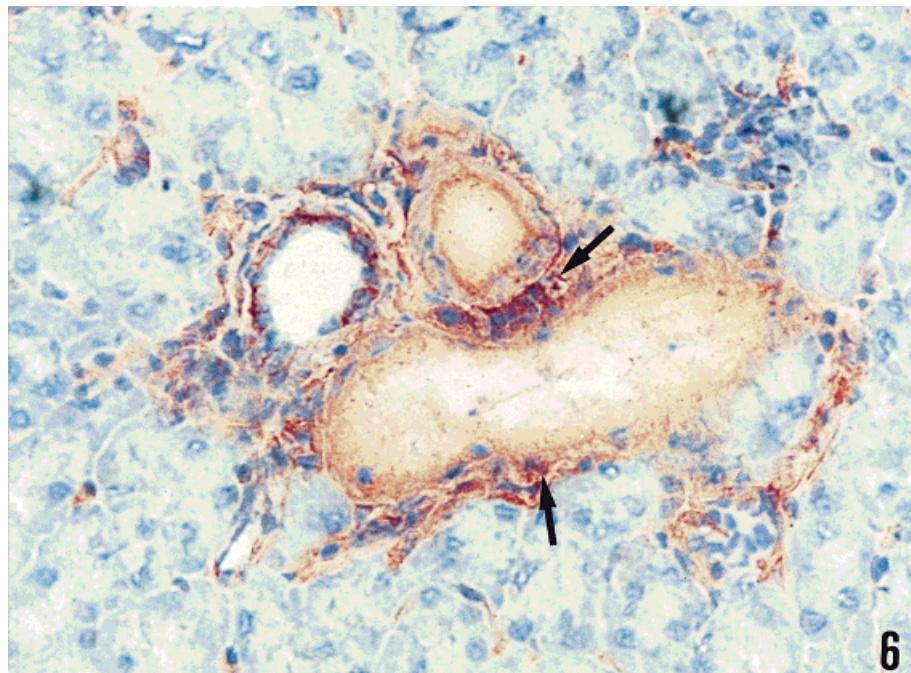
#### DISCUSSION

Ihm and Yoon [1990] demonstrated that macrophages are essential for development of β cell-specific cytotoxic effectors and insulinitis in the NOD mouse. The present study demonstrates that early depletion of macrophages by treatment with silica not only is able to prevent insulinitis and diabetes development in NOD mice but also is capable of increasing the antioxidant status. Other treatments, including free radical and nitrogen radical scavengers, are not capable of exerting these actions. In fact, citiolone, a free radical scavenger, is able to increase SOD significantly (*P* < 0.001 vs. untreated NOD, NMMA-treated, and silica-treated animals) and CAT and GPX values. Silica treatment also is capable of counteracting the TRAP decrease observed in untreated NOD mice, although it does not significantly block the blood glucose rise and insulinitis progression in type 1 diabetes. Administration of an NO inhibitor (namely NMMA) in this study completely fails to counteract diabetes progression and enzyme decrease. The only effect exerted by NMMA is to decrease nitrite accumulation in cultured islet media and to partly counteract the TRAP decrease. NMMA administration to NOD animals did not alter SOD levels, which remained at extremely low amounts, comparable with those found in untreated NOD controls. As shown, silica administration was the only treatment in this study able to deplete macrophages (as demonstrated by immunocytochemistry) and consequently to significantly block the rise in blood glucose levels and the progression of insulinitis. Moreover, silica-treated animals show enhanced SOD values (*P* < 0.01 vs. untreated NOD controls) and in particular increased CuZn-SOD values and the highest TRAP levels, demonstrating that depletion of macrophages also is able to improve the antioxidant status. This study shows





**Fig. 5.** Light micrograph showing EBM11 immunoreactive structures (arrows) in 10-week-old untreated NOD islet pancreas.  $\times 450$ .



**Fig. 6.** Light micrograph showing CD11b immunoreactive cells in 10-week-old untreated NOD pancreas including duct cells and endothelia (arrows).  $\times 400$ .

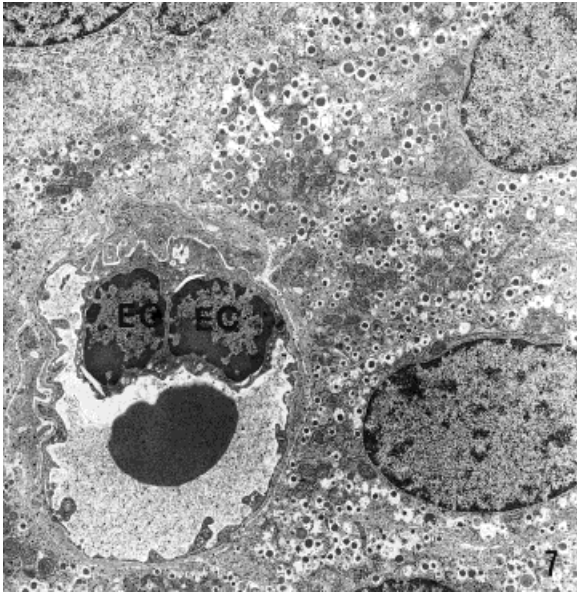


Fig. 7. Transmission electron micrograph showing hypertrophic endothelial cell (EC) of 10-week-old citiolone-treated NOD pancreas.  $\times 3,000$ .

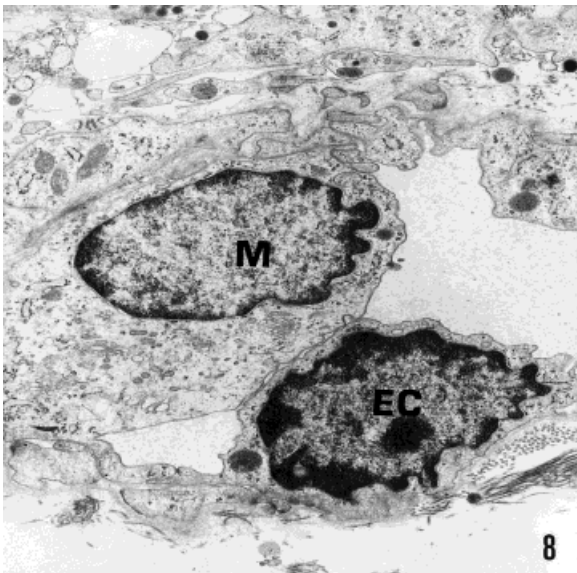


Fig. 8. Transmission electron micrograph showing a marginating macrophage (M) of 25-week-old citiolone-treated NOD pancreas. EC, endothelial cell.  $\times 7,000$ .

that macrophages are obligatorily involved when the antioxidant status is affected. The reported findings are important in that both oxygen and nitrogen free radicals contribute to the islet  $\beta$ -cell destruction in NOD mice. In this regard, we already demonstrated that NOD mice islets possess extremely low levels of SOD

levels, the first cellular defense against free radicals [Papaccio et al., 1995b].

Macrophages may present  $\beta$  cell antigen to helper T lymphocytes, which then induce  $\beta$  cell-specific immunological effectors. On the other hand, macrophages themselves may act as effectors secreting cytotoxic products. Ihm and Yoon [1990] did not exclude that early silica administration also could exert a direct depressive effect on cells other than macrophages. In this regard, we demonstrate that, at least for dendritic and endothelial cells, this seems to be unlikely [Papaccio et al., 1998]. On the other hand, late treatment with silica does not affect the destruction of  $\beta$  cells by preexisting effectors, in contrast to late anti-L3T4-antibody treatment [Ihm and Yoon, 1990].

If macrophages are essential for the development of  $\beta$  cell-specific effectors in the initial phase of insulinitis in NOD mice, their depletion, as this study demonstrates, significantly increases the antioxidant status in plasma of NOD animals up to levels found in CIT-treated animals. This new finding demonstrates that macrophages are involved actively in decreasing TRAP levels and in altering the antioxidant status, which in untreated NOD animals is considerably lower than in silica-treated ( $P < 0.001$ ) and in CIT-treated animals ( $P < 0.01$ ). The increase in TRAP levels obtained by using a free radical scavenger (namely citiolone) is comparable with that obtained by early macrophage depletion. The latter stresses the direct involvement of macrophages in the free radical production processes, which has been reported several times as being responsible for the  $\beta$  cell damage [Papaccio et al., 1986; Sandler et al., 1987].

It seems apparent that the role of macrophages for type 1 diabetes development must also be regarded now in reference to its action in altering the antioxidant status.

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